

# Michelle Gipson

## STROKE SURVIVOR



For nearly five hours, 2-year-old Christalyn Johnson sat on the floor next to her mother, patting her head, trying to feed her animal crackers, comforting her. Michelle Gipson, at just 28, had had a stroke. Christalyn sat beside her mother throughout the long afternoon until Gipson's cousins and her aunt happened to come by. She was taken to a hospital for emergency treatment, then transferred to a long-term care facility for six weeks, followed by outpatient physical, occupational, and speech therapy for six months. "I could speak again," says Gipson, "but I still couldn't use my right side. I called around and learned that Community Hospital is a certified stroke center, so I knew I wanted to go there. And now — oh, gosh — I can lift my arm above my head, and I've started to walk!"

Timely and appropriate treatment are critical after a stroke. Community Hospital is the only certified **PRIMARY STROKE CENTER** in Monterey County, providing state-of-the-art stroke care for our community. For more information, please visit us online at [www.chomp.org](http://www.chomp.org).



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**STROKE PROGRAM**