Objectives

- Understand current concepts regarding the noninvasive approach in treating vascular disease, including updates in the treatment of hypertension, lipids, and the cardiometabolic syndrome
- Appreciate new developments in the approach to valvular disease
- Be familiar with the status of treatment of acute and chronic heart failure, including pharmacologic and non-pharmacologic strategies
- Understand current and future directions in the management of atrial fibrillation
- Be familiar with current invasive approaches to the treatment of peripheral vascular disease
- Be exposed to current controversies and strategies in the invasive treatment of coronary artery disease
- Understand the utility and place of newer imaging modalities in the management of cardiovascular patients, including updates in SPECT, PET, cardiac CT, and MRI

Accreditation

Community Hospital of the Monterey Peninsula is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Community Hospital of the Monterey Peninsula takes responsibility for the content, quality, and scientific integrity of this CME activity.

Community Hospital of the Monterey Peninsula designates this educational activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Registered nurses will receive 12 CEUs, provided by Community Hospital and approved by the California Board of Registered Nursing. BRN provider No. CEP 11173.

Cancellation policy

Cancel on or before April 20, 2009, for a full refund. No refund will be given after April 20, 2009. Please allow 4–6 weeks for refund. Call (831) 625-4511 to process your cancellation. The Monterey Bay Regional Heart Symposium is not responsible for travel or hotel costs due to cancellation. Faculty and lecture titles subject to change due to unforeseen circumstances. Please check our web site for up-to-date information.

Program Committee

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PROGRAM CO-CHAIR
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PROGRAM CO-CHAIR
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SYMPOSIUM DIRECTOR
Community Hospital of the Monterey Peninsula
Monica Arvin
CONTINUING EDUCATION COORDINATOR
Community Hospital of the Monterey Peninsula
Tami Robertson
Natividad Medical Center
Overview

Time passes quickly. It has been 10 years since our first Monterey Bay Regional Heart Symposium, a decade that has brought significant advances in the understanding, prevention, and treatment of cardiovascular disease.

In celebration of this 10th anniversary, we are departing from our previous program format. Instead of dedicating the symposium to a single topic, this year’s event will encapsulate the top developments, and provide a look into the future, of all the topics we have covered in the last 10 years. We have assembled an excellent faculty to cover select updates in preventive cardiovascular topics, including hypertension, lipids, and dysmetabolic syndrome, as well as the subjects of arrhythmias, valvular heart disease, heart failure, coronary artery disease, peripheral vascular disease, and cardiovascular imaging.

Not only is our format a departure, but so is our venue. Our 2009 symposium will be held at the spectacular InterContinental The Clement Monterey hotel, on the waterfront in the heart of famed Cannery Row and adjacent to the world-renowned Monterey Bay Aquarium. Fittingly, it is next door to Pacific Biological Laboratories, once a home to Dr. Edward Flanders Robert Ricketts, a pioneer of marine biology immortalized by author John Steinbeck. Our annual cardiovascular scientific award, named for Ricketts, is presented each year at the Monterey Bay Aquarium.

This special 10th anniversary Monterey Bay Regional Heart Symposium promises two days of top-notch cardiovascular education in a world-class setting.

Program

Friday, May 1

8–10 a.m.
Introduction

Keynote: History and Cardiology — James L. Cox, MD
Role of Surgery in Understanding Mechanisms and Treatment of Arrhythmias

Valvular Heart Disease

● Treatment of Mitral Regurgitation — Blase A. Carabello, MD
● Treatment of Aortic Regurgitation — Blase A. Carabello, MD

Panel discussion

10–10:30 a.m.

10:30 a.m.

2:45–3 p.m.

3 p.m.

Heart Failure

● Treatment of Chronic Heart Failure: Beyond Neurohormonal Blockade — Michael B. Fowler, MD
● Treatment of Acute Heart Failure — Teresa De Marco, MD
● Stress Cardiomyopathy — Michael B. Fowler, MD
● Pulmonary Hypertension — Teresa De Marco, MD

Questions and conclusion

Wine and olive oil tasting reception

Lunch

Arthymias

● Medical Therapy of Atrial Fibrillation — Gregory Feld, MD
● Ablation in the Treatment of Atrial Fibrillation — Gregory Feld, MD
● Sudden Cardiac Death: What to do? — Ulrika Birgersdotter-Green, MD
● Resynchronization: What’s Its Place? — Ulrika Birgersdotter-Green, MD

Panel discussion

Break

Saturday, May 2

8:10 a.m.

Invasive Management of Vascular Disease

● Acute Coronary Syndrome Update: Which Drugs, Which Stents? — Ronald L. Low, MD
● Percutaneous Treatment of Carotid Disease — James Joye, DO
● Percutaneous Treatment of Aortic Disease — James Joye, DO
● Percutaneous Valve Implantation — Ronald L. Low, MD

Panel discussion

Break

Update in Noninvasive Imaging

● CT and Calcium Scoring: Where Do They Fit? — John Lesser, MD
● Magnetic Resonance: Role in My Practice — John Lesser, MD
● Nuclear Cardiology Update — Timothy Bateman, MD

Panel discussion

Adjourn

Registration

Monterey Bay Regional Heart Symposium™
May 1 and 2, 2009
InterContinental The Clement Monterey
Cannery Row
Monterey, California

SYMPOSIUM FEES

Physicians: $350
Nurses and other health professionals: $250
Guest(s) for Friday evening reception and dinner: $80 per person

Register online at www.montereyheart.org.

For questions about registration, please call (831) 625-4511 between 8 a.m. and 4:30 p.m., Monday through Friday.

10TH ANNUAL SYMPOSIUM ACTIVITIES

Celebrating 10 years, this year’s symposium starts Thursday evening with a reception at the Monterey Bay Aquarium, stroll along famed Cannery Row, passing Edward (Doc) Ricketts’ lab on your way to sample his o’der oysters and tastings from regional wine and olive oil vendors. The award banquet features gourmet foods and fine wines in a unique setting of music, marine life, and stunning exhibits—a culinary experience not to be missed.

ACCOMMODATIONS

This year the symposium will take place at the spectacular InterContinental The Clement Monterey hotel, overlooking magnificent panoramic coastal views of the Monterey Bay in the heart of John Steinbeck’s historic Cannery Row. A block of guestrooms has been reserved at a special symposium rate. Make your hotel reservations early as the group rate may sell out. Call the hotel reservation department at (888) 424-6835 and ask for the Monterey Bay Regional Heart Symposium group rate.