Books, pamphlets, and DVDs are available on the following topics:

**HEART DISEASE AND PHYSIOLOGY**
- Cleveland Clinic Heart Book, Eric Topol, MD
- Coronary Heart Disease: A Guide to Diagnosis and Treatment, Barry Cohen, MD
- State of the Heart: The Practical Guide to Your Heart and Heart Surgery, Larry Stephenson, MD
- Healthy Body Healthy Mind the TV Series — Heart Disease (DVD)
- Heart Attacks (pamphlet)
- Heart Failure: A Patient’s Guide (pamphlet)
- An Inside Look at Managing Heart Failure (pamphlet)
- Mayo Clinic Heart Book, Bernard Gersh, MD
- Understanding Heart Failure (pamphlet)
- You and Your Cardiologist: A Cleveland Clinic Guide, Curtis Mark Rimmerman, MD

**WOMEN’S HEART DISEASE**
- From the Heart: A Woman’s Guide to Living Well with Heart Disease, Kathy Kastan
- Healthy Body Healthy Mind the TV Series — Women and Heart Disease (DVD)
- Take it to Heart: The Real Deal on Women and Heart Disease, Pamela Serure
- The Women’s Heart Book: Complete Guide to Keeping Healthy, Fredric Pashkow, MD

**HEART CARE AND DISEASE PREVENTION**
- American Medical Association’s Guide to Preventing and Treating Heart Disease, Martin Kipsky, MD, et. al.
- Beyond cholesterol: 7 Life-Saving Heart Disease Tests that Your Doctor May Not Give You, Julius Torelli, MD
- Cardiovascular cure: How to Strengthen Your Self-Defense Against Heart Attack and Stroke, John Cooke, MD
- Heart Care for Life: Developing the Program that Works Best for You, Barry Zaret, MD
- Heart-Mind Connection: How Emotions Contribute to Heart Disease and What to do About it, Windsor Ting, MD
- Outliving Heart Disease: The 10 New Rules for Prevention and Treatment, Richard Stein, MD
- Take a Load Off Your Heart: 109 Things You can do to Prevent . . . Joseph Piscatella
- Thriving With Heart Disease: A Unique Program for You and Your Family, Wayne Sotile
- Treating the Aching Heart: A Guide to Depression, Stress and Heart Disease, Lawson Wulsin, MD
- Taking on Heart Disease, Larry King

**HEART ATTACK AND RECOVERY**
- Cardiac Recovery Handbook: Complete Guide to Life After Heart Attack, Paul Kligfield, MD
- Heart Attack: A Cleveland Clinic Guide. Curtis Rimmerman, MD
- Seven Steps to Stop a Heart Attack, Bob Arnot, MD

**ALTERNATIVE MEDICINE AND THE HEART**
- Healing From the Heart, Mehmet Oz, MD
- The Heart Speaks. Mimi Guarneri, MD

**SURGICAL PROCEDURES**
- All About Heart Bypass Surgery, Richard Trahair
- Coronary Bypass Surgery: A Patient’s Guide (pamphlet)
- Open Heart Companion: Preparation and Guidance for Open-Heart Surgery, Maggie Lichtenberg
- So You’re Having Heart Bypass Surgery, Brett Sheridan, MD
- So You’re Having Heart Cath and Angioplasty, Magnus Ohman, MD
- Understanding Pacemakers (pamphlet)

**HYPERTENSION AND CHOLESTEROL**
- High Blood Pressure for Dummies, Alan Rubin, MD
- High Blood Pressure: The Black Man and Woman’s Guide to Living with Hypertension, James Reed, MD
- Cholesterol Counter, Annette Natow, RD
- Healthy Body Healthy Mind the TV Series — Managing Cholesterol (DVD)

**COOKING AND NUTRITION**
- The Cardiac Recovery Cookbook: Recipes for Life After Heart Attack or Surgery, Simeon Margolis, Johns Hopkins Cookbook Library
- The South Beach Heart Program: The 4-Step Plan, Arthur Agatston, MD