

Legacy

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Fulfilling a Dream

Trattner estate funds nursing scholarship

Six years ago, Hillcah Deans moved to the United States from Jamaica, leaving behind his parents, five siblings, and a life whose hardships were softened by dreams of a life so abundant he would someday have the resources to help others.

“I came to America, to New York, to start the journey to fulfill my dream,” Deans says. “I figured if I got an education, I could find a career to pursue the rest of my life, something that would put me in a position to make a difference. I had thought about nursing, but I wasn’t sure, so I started as a nursing assistant to get a feel for it and learn how I could build from there. Lo and behold, I found nursing was what I should do.”

Deans kept in touch with a woman from Jamaica who was living on the Monterey Peninsula. The relationship blossomed, bringing him to Monterey and resulting in the blessing of a son. Although the relationship ended, the nursing dream did not — it simply moved to Monterey. Deans enrolled in Monterey Peninsula College (MPC) to complete some prerequisite courses before applying to the Maurine Church Coburn School of Nursing, a partnership between Community Hospital of the Monterey Peninsula and MPC.

The road got rocky. Deans’ ability to work was diminished by coursework and caring for a 2-year-old son, but he actually needed additional income to pay for both. He lived on the kindness of the community, sleeping on friends’ couches and cleaning offices at 2 or 3 in the morning before school.

Then Deans learned about the Kathleen Kinsler Trattner Scholarship, an award that could cover his tuition for the two-year nursing program plus some living expenses. The scholarship is funded by an endowment from the Trattner estate, given by her family to Community Hospital in 2007.



A scholarship put nursing school in reach for Hillcah Deans.

Trattner moved to the Peninsula during the 1940s when her first husband, Lawrence Kinsler, came to establish the Naval Postgraduate School. In Monterey, she found her home, her community. She volunteered at the Monterey Museum of Art and at Community Hospital. She enjoyed golf and bridge, tennis and travel. Two years after her husband died, in the mid-1970s, she took a Mediterranean cruise, where she met the never-married Jules Trattner during a game of bridge.

The holiday led to a honeymoon, and the Trattners settled in her beloved Monterey, where she continued her investment in the community. Before her passing in 2004, Trattner

expressed her desire to have some of her estate given to Community Hospital. When her husband died two years later, her family looked into Community Hospital Foundation and the Maurine Church Coburn School of Nursing, resulting in the first Kathleen Kinsler Trattner Scholarship. Just in time for Deans.

“I applied for the scholarship,” says Deans, “but I honestly didn’t think I would get it. I imagined they were going to get too many applications from qualified students, and I wouldn’t be the one they chose. But I was. And I don’t know what I would do without this scholarship; it is

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Monterey Peninsula Foundation, host of the AT&T Pebble Beach National Pro-Am, is offering an exciting way for Community Hospital to benefit from birdies made during the competitive rounds of the 2009 tournament, to be held February 12–15.

Through “Birdies for Charity,” donors make a pledge for each birdie. Proceeds will go directly to Community Hospital’s Tyler Heart Institute. As an added incentive, Monterey Peninsula Foundation will offer “Bonus Bucks” — a 10 percent match on all collected donations.

For more information go to Monterey Peninsula Foundation’s web site at www.attpbgolf.com.



**FROM COMMUNITY
HOSPITAL FOUNDATION'S
CHIEF DEVELOPMENT
OFFICER
ALBERT J. ALVAREZ**

Since last January, a group of highly talented volunteers has quietly been working on a small miracle. They have taken it upon themselves to raise \$2.5 million on behalf of Community Hospital's Breast Care Center and they have been remarkably successful. Under the leadership of Laurie Benjamin and Suzanne Lehr, the eight women have hosted luncheons, sponsored events, written letters, talked to friends, and written their own checks, all in support of this important initiative.

In the fall, the group accomplished a significant achievement. In response to a proposal from Carol Hatton of our office, the Monterey Peninsula Foundation — the beneficiary of proceeds from the AT&T Pebble Beach National Pro-Am golf tournament — agreed in April to donate \$500,000 over three years to the initiative. There was one proviso: The hospital had to raise an equal amount in matching funds within a three-year period.

Energized by the challenge, the committee took on this task knowing that the results could make the difference in the ultimate success or failure of the initiative. Many gifts, some as small as just a few dollars and some in the thousands, started to pour into Development. In October, we received the final gift in the challenge — more than two years ahead of the deadline set by the foundation.

Congratulations to Laurie, Suzanne, and Carol for leading the effort and many thanks to the other hard-working members of the committee — Dede Bent, Linda Cosmero, Betty Kasson, Marcia Modisette, Jane Panattoni, and Lucy Reno. It is amazing what a small but dedicated, enthusiastic group of people can accomplish when they set out to do a good thing.

Sincerely,

Albert J. Alvarez, Chief Development Officer
Community Hospital Foundation

DONOR PROFILE



**GEORGE
COUCH**

Community Contribution
*A conversation with Community
Hospital Trustee George W. Couch III*

George W. Couch III, founder and president of Couch Distributing Company, Inc., the largest independent beverage distributor on the Central Coast, has served on Community Hospital's board of trustees for six years. Couch's longtime friend and former classmate, David Benjamin, introduced him to the hospital when he moved to the Peninsula from Corralitos, in Southern Santa Cruz County, a dozen years ago. Benjamin, a former board member, told him of the hospital's reputation as a considerable community asset. Through his own investigation, Couch became impressed by the hospital and got involved, first through fundraising, then by accepting an invitation to join the board from Dr. Steven Packer, president/CEO, and then-board Chairperson Clay Larson. As he completes his second, three-year term, Couch is preparing to leave the board with mixed emotions.

WHAT BROUGHT YOU TO THE PENINSULA?

My late father was an executive with Anheuser-Busch Companies. I was more interested in distributorships, independent business, the entrepreneurial side of work. After my father's sudden passing, August Busch III, then chairman of Anheuser-Busch Companies, gave me the opportunity to acquire my current business. My family was based in St. Louis, but I had come to California to attend Stanford University. I got to know this area while I was in college, attending what was then called The Crosby golf tournament, and from time to time, spending time at the Santa Cruz beaches. Later, it seemed like a good time for me to take a chance, to go into business for myself. I was young; I had no other responsibilities. Since then, I've been very lucky, and I still feel lucky to be here.

WHAT HAVE YOU LEARNED FROM YOUR EXPERIENCES AS A COMMUNITY HOSPITAL TRUSTEE?

As a board member, I have been able to learn a lot about healthcare, to respect and value much more the enormous

contributions by our nursing professionals. I've always had respect for them, but I didn't grasp their contributions.

I hear a lot of talk about the perception of the hospital in the community, which is an overwhelmingly great response from people who have been patients. They talk about the gracious and kind care they received from their nursing staff, the attitudes of all personnel, and how that really made their stay much more palatable and pleasant.

Other than an expectant mother, nobody really wants to go into the hospital, but I had an opportunity to be a patient myself this past summer. I had my gallbladder removed, and the care I received, the way the nursing staff took care of me, was extraordinary. Also, on another occasion I spent all day in the cath lab undergoing tests, and I couldn't have received better care or more calming influences. This gave me a unique perspective to "eat our own cooking." I now better understand the very high quality of CHOMP's medical care and the team of all-star doctors we are so lucky to have.

WHAT HAS BEEN THE MOST REWARDING PART OF YOUR EXPERIENCE AS A VOLUNTEER?

As a board member, a number of things have been really wonderful for me in terms of what the organization has accomplished. I have been serving during an exciting time: We have a new interventional cardiology program, a world-class cardiac surgery program, a new Emergency department, new patient rooms, and the cancer center expansion. The board and the investment committee have worked very hard on the financial security of the hospital which, thanks to the support of this community, is on track. I am proud to serve a hospital that offers such exceptional medical care, health and wellness support, and sincere, personal service.

WHAT DO YOU VALUE IN LIFE?

Most important to me is my wife Debra, my family, my faith, my dogs, and my

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1000 MUNRAS AVENUE, MONTEREY, CALIFORNIA 93940

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Empowering Local Women to Make a Difference



Mae Johnson, left, founding member of Women's Forum for Health committee, and 2008 speaker Rachel Remen, clinical professor of family and community medicine at the University of California, San Francisco School of Medicine.

She usually addresses doctors, often bringing PowerPoint presentations and statistical measures to discuss the virtues of technology and expertise in healing. But on this day, she was talking to a community of women, a record 283 guests, who likely came because they understood that Dr. Rachel Naomi Remen had more to give them than a lesson on technology and expertise.

Remen is a clinical professor of family and community medicine at the University of California, San Francisco School of Medicine, but she is also a pioneer in the mind/body holistic health movement. She came to the Peninsula to address guests of the 8th annual Women's Forum for Health fall luncheon at Spanish Bay about "Living from the Heart: Owning Your Power to Make a Difference."

"After 46 years of being a physician," she said, "after traveling the road with

my patients and listening to them, I have gone back to an older way of practicing medicine that has nothing to do with expertise and technology but deals with matters of the heart."

Remen was diagnosed at age 15 with Crohn's disease, an inflammatory bowel ailment that required surgery. She impressed her audience with a story of healing that was not about the success of medical intervention but about the kindness of a physician who was willing to listen to her, to see her, to touch her. She told of summoning the strength to free herself from a secretly abusive marriage after hearing an affirming comment from a passing stranger. And she also honored a grandfather whose role in her childhood was to keep the light in her eyes.

"I can heal with my open heart strings," she said. "I cannot heal with my science. Healing is the work of

experience, not of perfection. Our culture puts so much on technology and expertise to change the future, but it has not made us whole. It is going to take something different, something simpler, such as remembering our power to become a blessing to others."

Remen is the author of the *New York Times* bestseller *Kitchen Table Wisdom* and the national bestseller *My Grandfather's Blessings*, which have been published in 18 languages.

The luncheon included the first presentation of the Women's Forum for Health Crystal Award, which recognizes those whose contributions to healthcare have made a significant difference in the well-being of local women. Dr. Steven Packer, Community Hospital's president and CEO, introduced co-recipients Pamela Craig, MD, and Susan Roux, MD, who, he said "combined their professional expertise, collective wisdom, vision, and leadership, to establish and advance the services of Community Hospital's Breast Care Center."

"As much as they bring technical expertise to this community," Packer said, "they also bring, as Rachel said, caring and open hearts."

After receiving the award, Roux, medical director of the Breast Care Center, thanked the roomful of "amazing people."

"I don't work alone," she said. "You brought me here. My main goal is to help everyone be as healthy and happy as possible, so you can go out and do all the good work that you do. So stay healthy."

Among the good works in this community is the Breast Care Center Initiative, a grassroots coalition convened to raise \$2.5 million to purchase digital mammography and other equipment for the Breast Care Center. Brochures were made available at the luncheon about the project and how to support it.

"These doctors already have the expertise and the heart, and we need to give them the technology," Mae Johnson, a founding member of the Women's Forum for Health committee, told the gathering. "I encourage you to join the rest of us and make sure we can provide our doctors with the best resources available. No matter how small or how large your contribution is, once we put it all together, it is ours to provide the best breast care in the world."



Susan Roux, MD, left, and Pamela Craig, MD, first recipients of the Women's Forum for Health Crystal Award for their advances in breast care to the community, were honored at the October 2008 luncheon.

Some of the Women's Forum for Health attendees



Lucy Reno

Jane Sullivan

Ramona Smith

Nancy Kotowski

Byrd Smith

Ruthie Watts

Debra Couch

Nanci Markey

New and Improved Cardiopulmonary Wellness gym gets makeover

On any given day, 50 to 75 patients come through Community Hospital's Cardiopulmonary Wellness gym to get stronger and healthier through monitored exercise. They found state-of-the-art treatment and technology in heart and lung care, but the exercise and monitoring equipment, at 10, sometimes 20 years old, was showing its age.

It was time for a face-lift.

Today, thanks to a generous contribution from the hospital Auxiliary, the gym, at Hartnell Professional Center, is sporting the latest in exercise and monitoring equipment. The purchase includes an upgraded cardiac telemetry system that monitors heart rhythms and rates, as well as two wireless personal digital assistants that staff members use to gather vital signs and exercise data.

It's the fulfillment of the vision of Deena Haynes, coordinator of the Cardiopulmonary Wellness Program at Community Hospital's Tyler Heart Institute, and her staff. Haynes developed a proposal to upgrade the gym and the Auxiliary granted her wishes — \$157,429.93 in all — as part of its annual gift to the hospital.

"We were looking for a gift to give to the hospital when we received Deena's proposal," says Roxanne Wilde,

Auxiliary president. "We always ask the hospital for input on things they would consider suitable, often things they need but that wouldn't happen if we didn't make the contribution."

Steven Packer, MD, president and CEO, provided a list of five gift ideas.

"The gym resonated with our board of directors," Wilde says. "We feel fortunate to be in a position to do this in support of the wider community. We like our donations not just to benefit inside the hospital's physical plant but to provide things that reach out into the community."

In August, the gym's old equipment was sold at yard-sale prices, first to patients and then to staff interested in having exercise options at home. Carpets were cleaned, walls were painted, and changes made in electrical wiring.

Then, two SciFit arm ergometers, two Nustep recumbent cross trainers, and four recumbent bikes, two upright bikes and 10 treadmills, all by Star Trac, were installed. The gym also added five pieces of Star Trac weight and resistance equipment.

"It took five months to 'shop smart,' but we found what we needed," says Haynes. "We did our research to see what was new in exercise equipment and what would be appropriate for



Patients get hands-on, state-of-the-art care in the improved Cardiopulmonary Wellness gym.

our population. We looked for fewer bells and whistles and more sturdy, commercial-grade equipment that would last and ensure patient safety."

Denise Hasegawa, a registered nurse in Cardiopulmonary Wellness, remembers the day the gym reopened with the new equipment.

"It was so exciting," Hasegawa says. "We were able to purchase more of the popular SciFit arm ergometers so we no longer have participants waiting for equipment. And the upgrade in telemetry equipment has meant larger

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Denise Hasegawa, RN, and Deena Haynes, coordinator of the Cardiopulmonary Wellness Program, working with new telemetry equipment.

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good friends. In terms of appreciating the hospital, I think there are two ways to look at giving. First is from the standpoint of giving back to the community and promoting the organization that provides an awful lot of charity care, an awful lot of giving to the community. Community Hospital also advances healthy living to the community through outreach, such as healthy living seminars and support groups.

From an altruistic standpoint, this is a wonderful organization to support. It does a lot of good for many people, a lot of whom are unable to fully fund the cost of care they get, and others who can avail themselves of educational programs that could enhance their lives. But from a selfish standpoint, I want this hospital here for my wife and my family and myself and my friends. I would like to think that we could avoid catastrophic problems because we have Community Hospital here to intervene for us on a very local level. I have needed CHOMP, as have my wife and brother, and many friends. To me, my involvement has been an investment well worth making.

WHAT ARE SOME OF YOUR OUTSIDE INTERESTS?

I am a political junkie. It has been a very interesting year and, going forward, I think it's going to continue to be very interesting. I enjoy reading about politics, government, great leaders. I just finished a great book, "Team of Rivals," by Doris Kearns Goodwin about Abraham Lincoln and how he led by putting the country first.

Also, my wife and I enjoy and collect contemporary art. My favorite artists include Richard Diebenkorn, Roy Lichtenstein, Ed Ruscha, Mark Rothko, and I love Picasso. He's not really contemporary, but he led the movement. But just because I like these artists doesn't mean I have one of their canvases, because in most cases, I certainly don't. I also love seeing the newer contemporary artists, such as Cecily Brown's work.

I also champion education. I serve as a trustee of Washington University in St. Louis and the Panetta Institute here in Monterey.

I enjoy playing some pretty bad golf. And I also enjoy what I'm doing. I enjoy business a lot, and the wonderful people I work with.

WHAT DO YOU HOPE AND ENVISION FOR THE HOSPITAL DURING THE NEXT FIVE YEARS?

I constantly talk to people about advancing the outstanding quality of healthcare and service to the community. We need to continue to attract outstanding clinicians to the area, and focus on areas where the community is underserved, such as primary care and obstetrics/gynecology care. We need to promote how the hospital serves the community in many ways people may not be aware. So often, I hear people say if they ever got really sick, they would go to Stanford or a major hospital in some other place where they have connections. They should know that's not necessary. I went to Community Hospital thinking I was going home with a bottle of Mylanta®, and ended up having surgery. I could have gotten into some serious health problems had I waited to get to someplace else, or if I hadn't had exceptional medical care right here, locally. People need to understand Community Hospital is an enormous resource for anyone who lives here. Whether they are a full-time resident or a part-time one, we are all fortunate to have access to such outstanding medical care right here in our community.

WHAT WOULD YOU SAY TO OTHER PEOPLE ABOUT GETTING INVOLVED IN THE HOSPITAL?

Community Hospital deserves and has earned the community's financial support; it's a great place to invest volunteer time and financial resources. I've talked to a number of people since I've been on the board, trying to prospect for financial support. I tell people sometimes, with Don Rickles humor, you may be wired to the big medical centers, but if you're on the Monterey Peninsula, and you wake up at 2 a.m. feeling like there's a Hummer on your chest, are you going to say, "I'll get up in the morning and drive to Palo Alto or fly to Los Angeles for help?" Or do you want someone to take care of you in a matter of minutes?

I'm involved with a medical school and major medical center, but that's in St. Louis. When my gallbladder acted up, I was not about to call American Airlines. Frankly, I don't think I could have gotten any better care in St. Louis, and I certainly couldn't have found a better surgeon than Dr. Mark Vierra. He's a rock star. This is where the rubber hits the road, and it leads to Community Hospital.

The Art of Giving Thanks

Community Hospital unveils a new donor art wall



Amy Essick, Community Hospital art curator, established a donor art wall to feature new or rarely seen art pieces before they are moved to permanent locations in the hospital.

He photographed kings and queens and Hollywood royalty. He portrayed statesmen and scientists, authors and artists and thousands of others known, if not by their faces, by their contributions to human welfare. He was a guest in the most opulent settings — though he had come from a decidedly different world.

Yousuf Karsh was born to Armenian parents in 1908 and grew up during a most unkind era for Armenia that would only get worse. By the time he was 7, the cruelty and torture of the Turkish atrocities had ravaged his childhood and structured the memories of his youth. Yet he became recognized as one of the greatest photographic portraitists of the 20th century.

Karsh died in July 2002 at the age of 93, leaving behind his vision in more than 17,000 photographic commissions, three of which have been given to Community Hospital.

The photographs, portraits of cellist and conductor Pablo Casals, humanitarian Helen Keller with companion Polly Thomson, and artist Georgia O'Keefe, were presented to the hospital by Jerry Fielder. Fielder was a young student of photography with an emphasis on museum studies and curating when Karsh met him in 1978 and enlisted him in a two-year stint as his assistant. The relationship lasted 24 years.

The three photographs, gelatin silver prints, are exhibited near the Fountain Court on a new donor art wall created by Community Hospital art curator Amy Essick to feature recent or rarely seen acquisitions before they reach their permanent space.

"I created the wall to give our community a first look at the magnificent gifts that come in," says Essick. "People respond to these photographs in hushed tones; visitors or patients or employees of the hospital can find a sense of peace in them. All three figures are role models. But the story of this gift is also meaningful. Jerry, who lives in Monterey, gave these photographs in honor of different people in his life: his mother, his grandmother and Yousuf Karsh. Clearly, he chose them carefully.

"These images are windows into the lives of these people. I have to pinch myself when I look at the date on the negative and realize they were taken more than 50 years ago. These photographs are timeless with their modern and elegant compositions and Karsh's experience in lighting gives the subjects a special warmth."

Accompanying the three photographs is a painting by Carmel artist Belle Yang, donated to the hospital by Monterey ophthalmologist Eric del Piero, MD.

"The painting came out of a conversation she and I had," says del Piero. "We were talking about not only that the Monterey Jazz Festival was celebrating its 50th anniversary, but that down in storage at the Monterey Museum of Art, curator Marcelle Polednik had found a collection of Matisse's jazz series, largely unknown by the community.

"At that point, Belle, being the brilliant, generous woman she is, decided to create a piece that would not only celebrate the museum and its connection to the jazz festival, but also would raise funds for the museum through a drawing."

Del Piero bought just enough tickets — or just the right one — to win the painting, with the full intention of donating it to Community Hospital.

"The new art wall is such a wonderful venue at the hospital," he says, "and Belle is a nationally and internationally recognized artist, whose work belongs there. She is so generous to have donated the piece to the benefit of the museum. And now Community Hospital, a place that is very important to me, ends up the recipient, so the community can continue to enjoy it. It really worked out well."

Greatly inspired by Matisse's paper cutout series created as his health began to fail him, Yang's work pays

homage to his circumstances and his style with a composite of cutouts and painted imagery. Matisse's work carried the rhythm and shape of the jazz music that inspired him, and Yang listened to jazz as she recuperated from eye surgery.

"When I did the jazz piece," says Yang, "I didn't realize it would be for the hospital, but it turned out to be a perfect donation. There's Matisse, sitting in a wheelchair, still vigorous and doing a giant cutout for this wall. I spent an inordinate amount of time at Community Hospital, so it's like my second home, where I came back to health. I love that place."

The final complement to the donor art wall is a pair of recent charcoal works by local artist Keith Lindberg. The artwork, donated anonymously, depicts two women.

"The Lindberg pieces," says Essick, "are beautiful, bold works, which I had never seen before. There is a certain sweetness to an anonymous donation that says, 'I want to give this with gratitude but no fuss.' The artwork on this donor wall, which is a wonderful reflection of our community, should generate great interest."

Creating Community

Ramona and Gordon Paul Smith

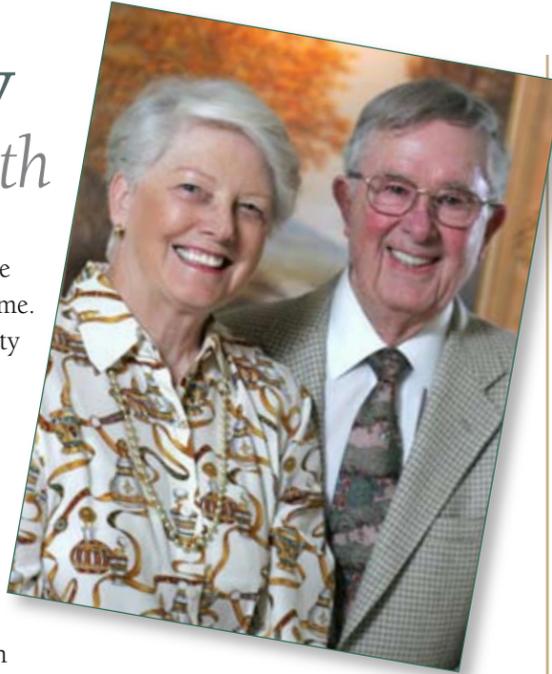
Gordon Paul Smith believes the day he met his wife, Ramona, during the 1960s, was a very important day for Community Hospital. The couple built a house on the Peninsula in 1972 and brought with them a commitment to community service, which has been generously focused on, among other things, the hospital.

“To become familiar with the hospital,” says Ramona, “we paid a visit, and I was immediately attracted to the idea of volunteering. I joined the Auxiliary in 1975; I was at a point in my life where I wanted to give personally to the benefit of others in the community.”

He turned me down, which is the best thing that ever happened to me. Instead, he developed Community Hospital, so, by the time we moved down here, we had this wonderful community hospital. He was some kind of guy. I’m so glad he turned me down.”

Tonkin, says Ramona, was a consummate fundraiser who understood how to foster passion and purpose in the community.

“I feel in my heart,” she says, “that this hospital was built by the community. Privately funded, it is the result of thousands of small donors who give because we believe in its service. It belongs to us; we support it.



Ramona, a member of Community Hospital’s Women’s Forum for Health Committee, told Gordon about the campaign, the couple turned to the Virginia Stanton Fund to obtain a \$100,000 gift toward the initiative.

“I FEEL IN MY HEART,” SHE SAYS, “THAT THIS HOSPITAL WAS BUILT BY THE COMMUNITY. PRIVATELY FUNDED, IT IS THE RESULT OF THOUSANDS OF SMALL DONORS WHO GIVE BECAUSE WE BELIEVE IN ITS SERVICE.”

The following year, Ramona joined the Auxiliary’s board of directors, serving on it for 11 years, two as president.

“Once I completed my term,” she says, “I was asked to serve as a member of the hospital’s board of trustees, where I served an additional nine years. During that time, I was secretary and, from 1992 to 1994, I was chairperson of the board. Gordon loves to remind everyone that I was the first woman chair.”

Gordon is a former partner of Booz Allen Hamilton, a leading strategy and technology consulting firm. His resumé reflects a career focused on government, education, and health and medicine — the last two helping explain his interest in the hospital.

“In 1962, when Tom Tonkin was head of the hospital,” says Gordon, “I was chairman of the board at Stanford Medical Center which, still relatively new, was looking for a new administrator. I met with Tom and tried to interest him in being considered for the position. I told him he’d be at the top of the list.

This is a commitment you make in your heart. And, sooner or later, we all end up there.”

“I have never been, as a patient or as an observer, to a medical institution the caliber of Community Hospital,” says Gordon. “Not only does it have such high quality professional services in all areas, from the physicians and nurses, to the ancillary services such as pharmacy and lab, to the Auxiliary, but the ambiance of the hospital helps you get better. In most cases, people in Community Hospital are not sick, they are recovering.”

Whether they were drawn to the capital campaign for the development of an addition or projects now underway, donors retain their passion for the hospital and remain engaged, Ramona says.

Among the latest efforts to engage the Smiths is the Breast Care Center Initiative, a \$2.5 million fundraising effort led by eight women in the community to provide new digital imaging equipment to Community Hospital’s Breast Care Center. When

Gordon is a co-trustee of the estate of Virginia Stanton, a Carmel Valley philanthropist known to many as the “First Lady of the Monterey Peninsula,” who died in 1994. He felt the fund, established through the Community Foundation for Monterey County, was an excellent match with the Breast Care Center Initiative.

“This gift was not anything I created,” he says. The possibility “simply came to my attention.”

“If Virginia Stanton were with us today,” he continues, “she would have been thrilled to see that this kind of gift was made. She, who was a hospital trustee at one point, lost her life to breast cancer. She was very important in my life. And to know that she contributed to something designed to perfect early detection, diagnosis, and intervention in breast cancer would have meant a lot to her. It was an honor for us to facilitate that.”

Fulfilling a Dream. . . from front page

going to make such a difference. It was becoming quite a gamble with childcare, classes, and cutting back on work.”

Following two more semesters at the nursing school, Deans intends to transfer to San Jose State University to complete his bachelor’s degree in nursing.

“I am looking forward to becoming a nurse,” he says. “How many jobs are out there where you get paid to give back, to make a difference in someone else’s life? When people say, ‘Thank you so much for helping me,’ that’s all I really need to fulfill my dream.”

To donate to the Kathleen Kinsler Trattner Scholarship Fund or for more information on supporting scholarships at the Maurine Church Coburn School of Nursing, please call Community Hospital Foundation at (831) 625-4506.

New and Improved. . . from page 4

monitor screens, enhanced signal quality, increased efficiency of charting, and improved reports to physicians.”

The upgraded telemetry monitoring system can now link with patients’ electronic medical records. In addition to software, the upgrade included computers, 16 cardiac transmitters, two wireless personal digital assistants, eight mobile blood pressure cuffs, 10 digital pulse oximeters, and one digital pulse oximeter with Bluetooth wireless technology.

“We attached the digital pulse oximeters right to the treadmills,” says Ida Corby-DeMaagd, respiratory therapist, “so patients can check their heart rate and oxygen saturation levels while exercising. They learn what the numbers mean and how to adjust their workloads, which fosters independence. The wireless Bluetooth oximeter allows us to monitor the patients’ oxygen levels continuously while they exercise.”

The Auxiliary gift also included an audio system upgrade, which provided new transmitters, receivers, and headsets, enabling patients to listen to television or music while exercising.

“This is definitely a clinical environment in which we can supervise, monitor, and educate our patients,” says Haynes. “We now have equipment that matches the quality of our staff and program.”