

"There's a chance that being a registered nurse helped me, but it's hard to say when it's your own health. I had had a headache for two days, which is rare for me, and I had just come off a 10-hour shift in outpatient surgery at CHOMP. I went home and had some dinner. Still in the kitchen, I was bending over, talking to my dog, when my husband Dave said, 'Suzy, do you know you're drooling?' I touched my cheek and found it was wet. I went into the bedroom and stumbled, which scared me, and I started to cry. Dave said I made the most awful sound. He ran into the bedroom, grabbed me, called 9-1-1, and said, 'I think my wife's having a stroke!' The paramedics came and took me to CHOMP. They gave me a tPA treatment — a 'clotbuster' that can make a difference during those first few hours. The doctor determined that my right carotid artery dissected (split), creating a blockage that caused the stroke. I had a stroke on March 1. On March 24, I went back to work. I still can't believe, at 44, I had a stroke."

Timely and appropriate treatment are critical after a stroke. Community Hospital is the only certified **PRIMARY STROKE CENTER** in Monterey County, providing state-of-the-art stroke care for our community. For more information, please visit us online at **www.chomp.org**.

