



Community Hospital
of the Monterey Peninsula
Montage Health

CONTINUING CARE

A GUIDE TO COMMUNITY SERVICES

HOURS OF OPERATION

Monday–Sunday
8:30 a.m.–4:30 p.m.

FOR MORE INFORMATION

Care Coordination Services
P.O. Box HH
Monterey, CA 93942
(831) 622-2722

This booklet is available at chomp.org/continuingcare



WELCOME TO COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA

Community Hospital's Care Coordination Services department is available to assist you in your transition from hospital to home or to an alternative facility.

By planning ahead, you may be able to leave the hospital sooner, allowing you to recover in more familiar surroundings.

Care Coordination Services can help identify your individual needs, set up medical care at home (or an alternative facility), and direct you to available community resources including residential care and air transport. Confidential, short-term counseling is also available.

If you would like assistance, please ask your doctor or nurse to have a Community Hospital social worker or discharge planner visit you, or call Care Coordination Services at (831) 622-2722.

GENERAL INFORMATION

We suggest you contact several agencies to compare services, rates, and insurance eligibility.

Some insurance providers (private, Medicare, Medi-Cal) may limit the type of services provided. We advise you to check with your own provider to see what services are covered.

The agencies listed in this booklet have been compiled as a courtesy for Community Hospital patients. Providing this information does not constitute an endorsement by Community Hospital and not all resources are included.

NURSING FACILITIES

Canterbury Woods

651 Sinex Avenue, Pacific Grove, CA 93950
373-3111 / Fax 375-6631

Number of beds: 24

Insurance accepted: Private, Medicare

Services provided: Physical, occupational, and speech therapy
www.covia.org/canterbury-woods

Carmel Hills Care Center

23795 Holman Highway, Monterey, CA 93940
624-1875 / Fax 624-7138 or 622-0852

Number of beds: 99

Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); and Medi-Cal

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, respiratory, and IV therapy. Serenity unit/respice. Van available for transportation.
www.carmelhillscarecenter.com

Cypress Ridge Care Center

1501 Skyline Drive, Monterey, CA 93940
373-3716 / Fax 372-8929
Admissions: 241-0452

Number of beds: 99

Insurance accepted: Private, including Anthem Blue Cross; United Healthcare, Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal; and Veterans Administration

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, IV therapy, wound care, pain management, and neuro-psychology evaluation
Van available for transportation.
www.cypressridgecarecenter.com

NURSING FACILITIES

Eden Valley Care Center

612 Main Street, Soledad, CA 93960
678-2462 / Fax 678-1539

Number of beds: 59

Insurance accepted: Private, Medicare, and Medi-Cal

Services provided: Physical, occupational, and speech therapy

Forest Hill Manor Health Center

551 Gibson Avenue, Pacific Grove, CA 93950
646-6483 or 646-6492 / Fax 657-5392

Number of beds: 26

Insurance accepted: Private and Medicare

Services provided: Physical, occupational, and speech therapy

www.foresthillretirement.org

Katherine Health Care

315 Alameda Avenue, Salinas, CA 93901
424-1878 / Fax 424-3149

Number of beds: 47

Insurance accepted: Private, Blue Cross; Medicare;
and Medi-Cal, including Aspire Health Plan (Medicare Advantage)
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, and speech therapy.

Van available for transportation

Mee Memorial Hospital

300 Canal Street, King City, CA 93930
385-6000 / Fax 386-7379

Number of beds: 94

Insurance accepted: Private, Medicare, and Medi-Cal,
Blue Cross, including Aspire Health Plan (Medicare Advantage)
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy

www.meememorial.com

NURSING FACILITIES

Pacific Coast Care Center

720 East Romie Lane, Salinas, CA 93901
424-8072 / Fax (408) 785-4939

Number of beds: 149 (plus 32-bed secured unit,
36-bed transitional care unit, and outpatient services)

Insurance accepted: Private, Medicare, and Medi-Cal,
including Aspire Health Plan (Medicare Advantage)

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, and speech therapy.
Alzheimer's and dementia-secured unit for wheelchair and
non-ambulatory patients

Pacific Grove Healthcare Center

200 Lighthouse Avenue, Pacific Grove, CA 93950
Business office 375-2695 / Fax 647-9639
Nursing floor fax 375-4219

Number of beds: 51

Insurance accepted: Private; Medicare, including Aspire Health Plan
(Medicare Advantage); and Medi-Cal

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy.
Van available for transportation

The Ridge Rehabilitation Center

350 Iris Drive, Salinas, CA 93901
449-1515 / Fax 449-9626

Number of beds: 103

Insurance accepted: Medicare, including Aspire Health Plan
(Medicare Advantage); Medi-Cal; and Veterans Administration
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy

Email: rbruton@windsorcares.com

NURSING FACILITIES

Westland House

100 Barnet Segal Lane, Monterey, CA 93940
658-3737 / Fax 658-3743 / chomp.org

Number of beds: 28

Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal Hospice Benefit—ONLY

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided:

■ **Short-stay, skilled nursing, and rehabilitation services by doctor's order:** interim care designed to promote the highest levels of independence, self-reliance, and confidence for those returning home after discharge from a hospital stay

■ **Hospice respite/hospice general inpatient care**

■ **End-of-life care:** pain management and emotional support for those with a terminal illness

Van available for transportation.

Owned and operated by Community Hospital of the Monterey Peninsula.

Windsor Gardens Rehabilitation Center of Salinas

637 East Romie Lane, Salinas, CA 93901
424-0687 / Fax 424-1363
Email: vcortez@windsorcares.com

Number of beds: 99

Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage)

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy.
Van available for transportation

NURSING FACILITIES

Windsor Monterey Care Center

1575 Skyline Drive, Monterey, CA 93940
373-2731 / Fax 373-2745

Number of beds: 78

Insurance accepted: Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal; private pay

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy.
Van available for transportation.

Email: dtoor@windsorcares.com

Windsor Skyline Care Center

348 Iris Drive, Salinas, CA 93906
449-5496 / Fax 757-5049

Email: vpartible@windsorcares.com or Lbehrend@windsorcares.com

Number of beds: 80

Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech therapy, and IV therapy. Van available for transportation.

This information was provided by the facilities. Please contact the facility of your choice to discuss its complete list of programs.

Nursing Home Compare allows consumers to compare information about Medicare and Medi-Cal-certified nursing homes:

www.medicare.gov/nursinghomecompare

ABOUT SKILLED NURSING FACILITIES

As part of planning for your hospital stay and recovery, your doctor and others on our healthcare team will help you access what you will need to do and where you will need to go when you are discharged.

Skilled nursing facilities are state-certified to provide three distinct types of service:

1. **Short-term care** — skilled nursing and/or rehabilitation services ordered by a doctor. Medicare and many private insurance plans cover skilled services.
2. **Long-term care** — custodial care requiring maximum assistance with activities of daily living
3. **End-of-life care** — palliative care and comfort measures

Medicare coverage and skilled nursing facility

A stay in a skilled nursing facility after hospitalization is covered by Medicare only if the patient was in the hospital for three consecutive nights (called "three midnights") and **certain acute criteria** were met for each of those nights. In some cases, patients do stay in the hospital for three nights, but even then, do not qualify for care in a skilled nursing facility afterward and, under Medicare law, the patient will be responsible for the cost. **Even if the doctor orders a skilled nursing facility stay, or the patient lives alone, Medicare will not automatically cover the cost of the skilled nursing facility.**

Care Coordination Services at Community Hospital is committed to exploring all discharge options and resources. If you have any questions about coverage for skilled nursing facility stay after surgery, please call Care Coordination Services at (831) 622-2722.

How long will my Medicare benefits last?

Medicare services are provided to those who qualify for skilled care. The number of days covered by Medicare varies depending on how long services are needed.

ABOUT SKILLED NURSING FACILITIES

What types of services do skilled nursing facilities provide?

- 24-hour licensed staff
- Rehabilitation (physical, occupational, speech therapies, and restorative nurse aid)
- Registered dietitian or diabetic technician
- Audiologist, optometrist, dentist
- Van transportation
- Free laundry
- Newspaper
- Pedicure/manicure
- Beautician

What are the rooms like?

Most rooms have two-to-four beds, with a shared bathroom.

Private rooms are limited, with fewer than four per facility. Converting a room into a private room is possible at an extra charge. In-room telephones are not provided. All rooms have telephone jacks that, for a nominal fee, can be activated. Medicare does not cover the cost of a telephone or television.

How often will my doctor visit?

You can expect your doctor to visit at least once a month. A medical director is associated with the skilled nursing facility and may be called 24 hours a day if needed.

ABOUT SKILLED NURSING FACILITIES

What should I bring?

- Casual or sweatpants (3–4 pairs)
- Loose-fitting shirts (3–4)
- Socks (4–6 pairs)
- Sturdy shoes with a low heel
- Undergarments (4–6)
- Sweater or light jacket
- Bathrobe

Most toiletries are provided, but if you have something special, be sure to label it with your name.

Definitions

Skilled care. Daily nursing or rehabilitation including management, observation, and evaluation. Skilled care is available for a brief period after a three-day qualifying stay in an acute-care hospital. *Skilled care is covered by Medicare (Part A) and most private insurance companies.*

Custodial care. Provides help with normal daily activities such as walking, eating, dressing, or personal hygiene. *Custodial care is not covered by Medicare.*

ACUTE REHABILITATION FACILITIES

Community Hospital of the Monterey Peninsula Inpatient Rehabilitation Unit

23625 Holman Highway, Monterey, CA 93940
625-4757 / Fax (831) 625-4755
chomp.org

Owned and operated by Community Hospital of the Monterey Peninsula

Aspire Health Plan (Medicare Advantage) accepted

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Dominican Rehabilitation Services of Santa Cruz

1555 Soquel Drive, Santa Cruz, CA 95065
239-5811 / Fax 462-7288
www.dominicanhopsital.org/aru

Sam Karas Acute Rehabilitation Unit Natividad Medical Center

1441 Constitution Boulevard, Building 100, Salinas, CA 93906
755-5570 / Referrals 240-1499 / 772-7462
Fax (888) 206-4623 (toll free)

Santa Clara Valley Medical Center

Rehabilitation Services Department
751 S. Bascom Avenue, San Jose, CA 95128
Admissions (408) 885-2032
Outpatient clinics (408) 793-2510
Fax (408) 885-2001 or (408) 885-2028
www.scvcrehab.org

HOME CARE SERVICES

Adobe Home Health, Inc.

19045 Portola Drive, Suite E, Salinas, CA 93908
424-1311 / Fax 424-2711
Email: contact@adobehomehealthca.com
www.adobehomehealthca.com

Bridge Hospice

601 East Romie Lane, Suite 4, Salinas, CA 93901
216-5585 / Fax 216-5750

BriovaRX Infusion Service

455 Reservation Road, Suite G, Marina, CA 93933
384-8080 / (844) 231-8065
Email: dmprice@briovarxinfusion.com
www.briovarx.com

Medicare certified for home infusion therapy
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Central Coast Visiting Nurse Association and Hospice

5 Lower Ragsdale Drive, Monterey, CA 93940
(P.O. Box 2480, Monterey, CA 93942)
375-9882 / Fax 648-4238
45 Plaza Circle, Salinas, CA 93901
758-8243
341 Tres Piños Road, Suite 103A, Hollister, CA 95023
636-2141
200 Broadway, Suite 78, King City, CA 93930
385-8405
www.ccvna.com

Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

HOME CARE SERVICES

Choice Home Health Care

80 Garden Court, Suite 105, Monterey, CA 93940
Monterey 645-1400 / Fax 645-1401
(844) 335-6497 (toll-free) / Fax 645-1401
Email: chh@elevatehomehealth.com
www.elevatechoicehh.com
Medicare certified

Coastal Kids Home Care

252 San Jose St (upstairs suite), Salinas, CA 93901
(Mailing address: 1172 S. Main Street, Suite 125, Salinas, CA 93901)
(800) 21-4KIDZ(5439) (toll-free) / Fax 796-0334
Email: margy@coastalkidshomecare.org
www.coastalkidshomecare.org
Medi-Cal certified

Dominican Home Health

2045 40th Avenue, Suite A, Capitola, CA 95010
(Mailing address: 1555 Soquel Drive, Santa Cruz, CA 95065)
465-7988 / Fax 465-7996
www.dominicanhospital.org
Medicare certified

Healthy Living at Home

2150 Garden Road, Suite B-2
Monterey, CA, 93940
Telephone: (831) 706-2255
Fax: (831) 855-0264
Email: bmitchell@healthyliving-monterey.com
www.healthylivingservices.org
Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

HOME CARE SERVICES

InHome Healthcare Services

22 Lower Ragsdale Drive, Suite B, Monterey, CA 93940

646-2046 / Fax (800) 791-9133

Email: info@inhomehcs.com

www.inhomehcs.com

Medicare certified, Medi-Cal certified

Aspire Health Plan (Medicare Advantage) accepted

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

San Benito Home Health Care

911-C Sunset Drive, Hollister, CA 95023

638-1111 / Fax 636-2613

www.hazelhawkins.com

Medicare certified

Sutter Care at Home (formerly Alliance Home Health, Inc.)

19045 Portola Drive, Suite B, Salinas, CA 93908

455-8901 / Fax 455-2044

www.suttercareathome.com

Visiting Nurse Association of Santa Cruz County

2880 Soquel Avenue, Suite 10, Santa Cruz, CA 95062

477-2600 / (844) 209-4664 (toll-free)

www.sutterhealth.org

Medicare certified

ABOUT SKILLED HOME CARE SERVICES

Home care services are certified to provide skilled services to a homebound patient. You must meet the criteria of being "homebound," which means that you only leave your home to visit your physician and/or have no means to leave your home for therapy.

What types of skilled services may be provided?

- Registered nursing
- Physical therapy
- Occupational therapy
- Medical social work

How often will my nurse visit?

During the first visit, the home care professional will discuss plans for further visits. These are not daily visits.

How will I know when the nurse will come to my home?

The home care staff will call you prior to your visit.

If the nurse does not show up, who should I call?

- Home care service
- Your doctor

How long will benefits last?

As long as:

- Services are medically necessary (skilled)
- Services are ordered by a doctor
- You are considered homebound

Medical supplies, equipment, and a home health aide may be allowed in certain circumstances and paid for by insurance. Ask your care provider if this applies to your situation.

Home Health Compare allows consumers to compare information about Medicare-certified home health agencies:
www.medicare.gov/homehealthcompare

HOSPICE HOME CARE SERVICES

Central Coast Visiting Nurse Association Hospice

5 Lower Ragsdale Drive, Monterey, CA 93940
(P.O. Box 2480, Monterey, CA 93942)
375-9882 / Fax 648-4238

45 Plaza Circle, Salinas, CA 93901
751-5500

341 Tres Piños Road, Suite 103A, Hollister, CA 95023
636-2141

200 Broadway, Suite 78, King City, CA 93930
385-8405
www.ccvna.com

Medicare certified

Aspire Health Plan (Medicare Advantage) accepted

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Community Hospital of the Monterey Peninsula Hospice of the Central Coast

2 Upper Ragsdale Drive, Professional Center, Suite D120
Monterey, CA 93940
649-7750 / (800) 364-7001 (toll-free)
Fax 649-7751 / www.chomp.org

Medicare certified

Aspire Health Plan (Medicare Advantage) accepted

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Heartland Hospice Services

2511 Garden Road, Building A, Suite 250, Monterey, CA 93940
373-8442 / Fax 373-8444
(866) 455-4337 (toll-free)
www.hcr-manorcare.com

Medicare certified, Medi-Cal certified

PERSONAL CARE SERVICES

Ambassadors Providing Amazing Care, Inc.

3170 Vista del Camino, Suite C (P.O. Box 177), Marina, CA 93933
917-4191 or 582-2322 / Fax 582-2326
Email: ssan1013@yahoo.com
www.ambassadorshomecare.com

Caring Hearts

10909 Merritt Street, Castroville, CA 95012
453-7157 / Fax 453-7003

Central Coast Senior Services, Inc.

Personal attendant care service and case management
22 Lower Ragsdale, Suite E, Monterey, CA 93940
Monterey 649-3363
Fax 372-2465
Email: ccss@centralcoastseniorservices.com
www.centralcoastseniorservices.com

Choice Personal Care

80 Garden Court, Suite 105, CA 93940
Monterey 645-1400 / Fax 645-1401
Email: chh@elevatehomehealth.com
www.elevatechoicehh.com

Epione Heart Home Care

877 Cedar Street, Suite 150
Santa Cruz, Ca 95060
(831) 888-7078
Email: info@epioneheart.com
www.epioneheart.com

PERSONAL CARE SERVICES

Family inHome Caregiving, Inc.

100 Clock Tower Place, Suite 215, Carmel, CA 93923
P.O. Box 221457, Carmel, CA 93922
275-0103 / Fax 309-3252
www.familyinhomecaregiving.com

Ileini's Care, Inc.

484 Lighthouse avenue, Suite 203, Monterey, CA 93940
375-2273 / Fax 375-2275
ileiniscareinc.org

InHome Companion Care

22 Lower Ragsdale Drive, Suite B, Monterey, CA 93940
241-2433 / Fax (800) 791-9133
www.inhomehcs.com

Peggy's Home Care

P.O. Box 223164, Carmel, CA 93922
4 Village Drive, Suite 1, Carmel Valley, CA 93924
659-5887 / Fax: (831) 659-5888
www.peggyshomecare.com

Plumeria Home Health Care, LLC

199 17th Street, Suite E, Pacific Grove, CA 93950
Phone: 664-9700 / Fax 204-7962
Email: plumeriahhc@gmail.com
www.plumeriahhc.com

PERSONAL CARE SERVICES

Victorian Home Care, Inc.

409 Washington Street, Suite 101, Monterey, CA 93940
Monterey 655-1935 / (877) 902-9958 (toll free)
Fax 655-1979
www.victorianhomecare.com

Visionary Health Care Services

419 Webster Street, Suite 100, Monterey, CA 93940
644-9246 / Fax 644-9974
www.visionary-hcs.com

Visiting Angels

5274 Scotts Valley Drive, Suite 102, Scotts Valley, CA 95066
430-0616 / Fax 430-0612
229 Reindollar Avenue, Suite E, Marina, CA 93933
Email: jpagliari@visitingangels.com
www.visitingangels.com/monterey

ABOUT PERSONAL CARE SERVICES

Personal care services are for individuals who need assistance with daily activities.

What types of services are provided by personal caregivers?

- Bathing
- Dressing
- Meal preparation
- Medication reminders
- Light housekeeping
- Transportation

What questions might I ask before hiring a personal caregiver?

- Is the caregiver employed by a home care company?
- Is the caregiver bonded and insured?
- Will the caregiver be selected from a referral agency?
- Will the caregiver be hired privately?
- What is included in the charge for services?
- How often will the patient be billed?
- How can the patient reach the home care agency after regular business hours in an emergency?
- How can the caregiver be instructed about daily duties or any other special tasks included in the care?
- What is the procedure if the consumer is dissatisfied with the care provided?

Personal caregiver services in the home **are not** covered by Medicare or most commercial insurance plans.

EQUIPMENT AGENCIES

Adapt Health

440 Westridge Drive, Watsonville, CA 95076
(800) 214-0060 / Fax (866) 322-5017
www.ppsc.com

Apria Healthcare

1 Lower Ragsdale Drive, Building 3, Suite 600, Monterey, CA 93940
655-4090 / (888) 492-7742 (toll-free) / Fax (888) 492-0010
www.apria.com

Hodges Rent All

(Wheelchairs and walkers only)
456 Lighthouse Avenue, Monterey, CA 93940
Phone: 373-7368
Fax: 373-1359
Email: HodgesRentall@sbcglobal.net
www.hodgesrentall.com

Hornsnyder Pharmacy

1226 Soquel Avenue #A, Santa Cruz, CA 95062
458-1400 / Fax 534-7052
www.hornsnyderrx.com

Lincare

401 Victor Way, Suite 1, Salinas, CA 93907
757-1060 / Fax 757-1216

NuMotion — Watsonville Branch

446 Westridge Drive, Watsonville, CA 95076
724-5544 / (888) 736-8745 (toll-free)
Fax 724-3334
www.numotion.com

Ordway Drug

499 Alvarado Street, Monterey, CA 93940
372-8085 / Fax 372-5768

Aspire Health Plan (Medicare Advantage) accepted

Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

EQUIPMENT AGENCIES

Star Pharmacy

1273 S. Main Street, Salinas, CA 93901
621-5558 / Fax 621-5579
www.starpharmacysalinas.com
Private pay only. No insurance billing.

SuperCare Health

2320 Del Monte Avenue, Suite B1, Monterey, CA 93940
(855) 621-5929 (toll-free) / Fax 417-3195
Email: info@supercare.com
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Valley Patient Care

401 Victor Way, Suite 2, Salinas, CA 93907
757-6657 / Fax 757-3918
Email: customerservice@vpcare.com
www.vpcare.com

Watsonville Pharmacy

1433 Freedom Blvd., Watsonville, CA 95076
728-1818 / Fax 786-5302
www.watsonvillrx.com

OTHER SERVICE AGENCIES

Alliance on Aging, Inc.

Senior Supportive Services
280 Dickman Avenue, Monterey, CA 93940
655-1334 / Fax 646-1232
Administration
247 Main Street, Salinas, CA 93901
758-4011 / Fax 655-8781
www.allianceonaging.org

American Red Cross Central Coast Chapter

P.O. Box AR (8th and Dolores), Carmel, CA 93921
624-6921 / Fax 624-7014
455 San Benito St., Suite 30, Hollister, CA 95023
636-2100 / Fax 636-2106
611 Abbott St., Salinas, CA 93906 (appointment only)
2960 Soquel Avenue, Santa Cruz, CA 95062
24-hour line: (866) 272-2237
www.redcross.org/centralcoast

Carmel Foundation

P.O. Box 1050, Carmel, CA 93921
624-1588 / Fax 620-8720
Email: info@carmelfoundation.org

Legal Services for Seniors

915 Hilby Avenue, Suite 2, Seaside, CA 93955
899-0492 / Fax 401-3185

Meals on Wheels and Sally Griffin Active Living Center

700 Jewell Avenue, Pacific Grove, CA 93950
375-4454 / Fax 375-9887
www.mowmp.org

OTHER SERVICE AGENCIES

Monterey County Department of Social Services Office for Aging and Adult Services

- Adult Protective Services (APS)
- In Home Support Service (IHSS)
- Information and Assistance Program (I & A)

1000 South Main Street, Suite 211-C, Salinas, CA 93901
Salinas 755-4466 / Fax 784-5695
Marina 883-7565 / Fax 883-7563
(800) 510-2020 (toll-free)

Monterey County Health Department

1270 Natividad Road, Salinas, CA 93906
Salinas 755-4500 / Monterey 647-7650
www.co.monterey.ca.us

Ombudsman for Long-Term Care – Alliance on Aging

247 Main Street, Salinas, CA 93901
Monterey 646-1458 / Salinas 655-1334
24-hour crisis line: (800) 231-4024
Fax 655-8781
www.allianceonaging.org

Sterling Access

428 Alvrado Street, Unit A, Monterey, CA 93940
601-9256 / Fax (888) 509-1890
www.sterlingaccess.com

Provide DME equipment, technology, home modifications.

For a list of licensed senior care facilities, please contact agency directly.

TRANSPORTATION

American Medical Response

2511 Garden Road, Monterey, CA 93940
796-6444 / Fax 769-8875
www.amr.net

Carmel Regional Fire Ambulance Service

19900 Portola Drive, Salinas, CA 93908
455-1828 weekdays / Fax 455-0646

Central Coast Medical Transport

P.O. Box 1244, Aptos, CA 95001
Transport 685-3200 / Business 685-3201 / Fax 633-5263
Email: info@ccamb.com

Freedom Medical Transportation Non-Emergency Medical Transport

P.O. Box 1361, Seaside, CA 93955
920-0687 / Fax (888) 611-3044
www.freedommedicaltransportation.com

ITN Monterey County

947 D. Blanco Circle, Salinas, CA 93901
233-3447 / Fax 998-8393
Email: info@itnmontereycounty.org

MST Rides ADA Program

201 Pearl Street, Monterey, CA 93940
(888) 678-2871 (toll-free)
241-9028 / Fax 641-0907
Email: customerservice@mst.org
www.mstmobility.org

NOTES
