HOURS OF OPERATION

Monday–Sunday
8:30 a.m.–4:30 p.m.

FOR MORE INFORMATION

Social Services
P.O. Box HH
Monterey, CA 93942
(831) 622-2722

This booklet available at chomp.org/continuingcare
Community Hospital’s Social Services department is available to assist you in your transition from hospital to home or to an alternative facility.

By planning ahead, you may be able to leave the hospital sooner, allowing you to recover in more familiar surroundings.

Social Services can help identify your individual needs, set up medical care at home (or an alternative facility), and direct you to available community resources including residential care and air transport. Confidential, short-term counseling is also available.

If you would like assistance, please ask your doctor or nurse to have a Community Hospital social worker or discharge planner visit you, or call Social Services at (831) 622-2722.
**GENERAL INFORMATION**

We suggest you contact several agencies to compare services, rates, and insurance eligibility.

Some insurance providers (private, Medicare, Medi-Cal) may limit the type of services provided. We advise you to check with your own provider to see what services are covered.

The agencies listed in this booklet have been compiled as a courtesy for Community Hospital patients. Providing this information does not constitute an endorsement by Community Hospital and not all resources are included.

**NURSING FACILITIES**

**Canterbury Woods**
651 Sinex Avenue, Pacific Grove, CA 93950
373-3111 / Fax 375-6631
Number of beds: 24
Insurance accepted: Private, Medicare
Services provided: Physical, occupational, and speech therapy
www.canterburywoods-esc.org

**Carmel Hills Care Center**
23795 Holman Highway, Monterey, CA 93940
624-1875 / Fax 624-7138 or 622-0852
Number of beds: 99
Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); and Medi-Cal
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.
Services provided: Physical, occupational, speech, respiratory, and IV therapy
www.carmelhillsarecenter.com

**Cypress Ridge Care Center**
1501 Skyline Drive, Monterey, CA 93940
373-3716 / Fax 372-8929
Number of beds: 99
Insurance accepted: Private, including Anthem Blue Cross; Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal; and Veterans Administration
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.
Services provided: Physical, occupational, speech, and IV therapy. Van available for transportation
www.cypressridgecarecenter.com
NURSING FACILITIES

Eden Valley Care Center
612 Main Street, Soledad, CA 93960
678-2462 / Fax 678-1539
Number of beds: 59
Insurance accepted: Private, Medicare, and Medi-Cal
Services provided: Physical, occupational, and speech therapy

Forest Hill Manor Health Center
551 Gibson Avenue, Pacific Grove, CA 93950
646-6483 or 646-6492 / Fax 657-5392
Number of beds: 26
Insurance accepted: Private and Medicare
Services provided: Physical, occupational, and speech therapy
www.foresthillretirement.org

Katherine Health Care
315 Alameda Avenue, Salinas, CA 93901
424-1878 / Fax 424-3149
Number of beds: 48
Insurance accepted: Private, including Blue Shield; Medicare; and Medi-Cal
Services provided: Physical, occupational, and speech therapy.
Van available for transportation

Mee Memorial Hospital
300 Canal Street, King City, CA 93930
385-6000 / Fax 386-7379
Number of beds: 94
Insurance accepted: Private, Medicare, and Medi-Cal
Services provided: Physical, occupational, speech, and IV therapy
www.meememorial.com

NURSING FACILITIES

Pacific Coast Care Center
720 East Romie Lane, Salinas, CA 93901
424-8072 / Fax 424-4550
Number of beds: 149 (plus 32-bed secured unit,
36-bed transitional care unit, and outpatient services)
Insurance accepted: Private, Medicare, and Medi-Cal
Services provided: Physical, occupational, and speech therapy.
Alzheimer’s and dementia-secured unit for wheelchair and
non-ambulatory patients

Pacific Grove Convalescent Hospital
200 Lighthouse Avenue, Pacific Grove, CA 93950
Business office 375-2695 / Fax 647-9639
Nursing floor fax 375-4219
Number of beds: 51
Insurance accepted: Private; Medicare, including Aspire Health Plan
(Medicare Advantage); and Medi-Cal
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.
Services provided: Physical, occupational, speech, and IV therapy

The Ridge Rehabilitation Center
350 Iris Drive, Salinas, CA 93901
449-1515 / Fax 449-9626
Number of beds: 103
Insurance accepted: Medicare, including Aspire Health Plan
(Medicare Advantage); Medi-Cal; and Veterans Administration
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.
Services provided: Physical, occupational, speech, and IV therapy
Email: rbruton@windsorcares.com
Westland House
100 Barnet Segal Lane, Monterey, CA 93940
658-3737 / Fax 648-7746 / www.chomp.org

Number of beds: 28
Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal Hospice Benefit
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided:
- End-of-life care: pain management and emotional support for those with a terminal illness
- Hospice respite/hospice general inpatient
- Short-stay, skilled nursing, and rehabilitation services by doctor’s order: interim care designed to promote the highest levels of independence, self-reliance, and confidence for those returning home from a hospital stay

Van available for transportation
Owned and operated by Community Hospital of the Monterey Peninsula.

Windsor Gardens Rehabilitation Center of Salinas
637 East Romie Lane, Salinas, CA 93901
424-0687 / Fax 424-1363
Email: mrobinson@snfmgt.com

Number of beds: 99
Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage)
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy.
Van available for transportation

Windsor Monterey Care Center
1575 Skyline Drive, Monterey, CA 93940
373-2731 / Fax 373-2745

Number of beds: 78
Insurance accepted: Medicare, including Aspire Health Plan (Medicare Advantage); and Medi-Cal
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, speech, and IV therapy.
Van available for transportation
Email: lchappelow@windsorcares.com

Windsor Skyline Care Center
348 Iris Drive, Salinas, CA 93906
449-5496 / Fax 757-5049
Email: tcook@windsorcare.com or behrend@windsorcares.com

Number of beds: 80
Insurance accepted: Private; Medicare, including Aspire Health Plan (Medicare Advantage); Medi-Cal; private; and Veterans Administration
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Services provided: Physical, occupational, and speech therapy.
Van available for transportation

This information was provided by the facilities. Please contact the facility of your choice to discuss its complete list of programs.

Nursing Home Compare allows consumers to compare information about Medicare and Medi-Cal-certified nursing homes:
www.medicare.gov/nursinghomecompare
As part of planning for your hospital stay and recovery, your doctor and others on our healthcare team help you access what you will need to do and where you will need to go when you are discharged.

Skilled nursing facilities are state-certified to provide three distinct types of service:

1. **Short-term care** — skilled nursing and/or rehabilitation services ordered by a doctor. Medicare and many private insurance plans cover skilled services.

2. **Long-term care** — custodial care requiring maximum assistance with activities of daily living

3. **End-of-life care** — palliative care and comfort measures

**Medicare coverage and skilled nursing facility**

A stay in a skilled nursing facility after hospitalization is covered by Medicare only if the patient was in the hospital for three consecutive nights (called “three midnights”) and certain acute criteria were met for each of those nights. In some cases, patients do stay in the hospital for three nights, but even then, do not qualify for care in a skilled nursing facility afterward and, under Medicare law, the patient will be responsible for the cost. **Even if the doctor orders a nursing home stay, or the patient lives alone, Medicare will not automatically cover the cost of the nursing facility.**

Social Services at Community Hospital is committed to exploring all discharge options and resources. If you have any questions about coverage for nursing facility stay after surgery, please call Social Services at (831) 622-2722.

**How long will my Medicare benefits last?**

Medicare services are provided to those who qualify for skilled care. The number of days covered by Medicare varies depending on how long services are needed.

**What types of services do skilled nursing facilities provide?**

- 24-hour licensed staff
- Rehabilitation (physical, occupational, speech therapies, and restorative nurse aid)
- Registered dietitian or diabetic technician
- Audiologist, optometrist, dentist
- Van transportation
- Free laundry
- Newspaper
- Pedicure/manicure
- Beautician

**What are the rooms like?**

Most rooms have two-to-four beds, with a shared bathroom. Private rooms are limited, with fewer than four per facility. Converting a room into a private room is possible at an extra charge. In-room telephones are not provided. All rooms have telephone jacks that, for a nominal fee, can be activated. Medicare does not cover the cost of a telephone or television.

**How often will my doctor visit?**

You can expect your doctor to visit at least once a month. A medical director is associated with the skilled nursing facility and may be called 24 hours a day if needed.
ABOUT SKILLED NURSING FACILITIES

What should I bring?
- Casual or sweatpants (3–4 pairs)
- Loose-fitting shirts (3–4)
- Socks (4–6 pairs)
- Sturdy shoes with a low heel
- Undergarments (4–6)
- Sweater or light jacket
- Bathrobe

Most toiletries are provided, but if you have something special, be sure to label it with your name.

Definitions
Skilled care. Daily nursing or rehabilitation including management, observation, and evaluation. Skilled care is available for a brief period after a three-day qualifying stay in an acute-care hospital. Skilled care is covered by Medicare (Part A) and most private insurance companies.

Custodial care. Provides help with normal daily activities such as walking, eating, dressing, or personal hygiene. Custodial care is not covered by Medicare.

ACUTE REHABILITATION FACILITIES

Community Hospital of the Monterey Peninsula
Inpatient Rehabilitation Unit
23625 Holman Highway, Monterey, CA 93940
625-4757 / Fax (831) 625-4755
www.chomp.org
Owned and operated by Community Hospital of the Monterey Peninsula
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Dominican Rehabilitation Services of Santa Cruz
1555 Soquel Drive, Santa Cruz, CA 95065
239-5811
Fax 462-7288
www.dominicanhospital.org/aru

Sam Karas Acute Rehabilitation Unit
Natividad Medical Center
1441 Constitution Boulevard, Building 100, Salinas, CA 93906
755-5570 / Referrals 240-1499 / 772-7462
Fax (888) 206-4623 (toll free)

Santa Clara Valley Medical Center
Rehabilitation Services Department
751 S. Bascom Avenue, San Jose, CA 95128
Admissions (408) 885-2032
Outpatient clinics (408) 793-2510
Fax (408) 885-2001 or (408) 885-2028
www.scvmcrehab.org
HOME CARE SERVICES

Access IV, Inc.
455 Reservation Road, Suite G, Marina, CA 93933
384-8080 / Fax 384-8065
Email: gporter@accessiv.com
www.accessiv.com

Medicare certified for home infusion therapy
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Adobe Home Health, Inc.
19045 Portola Drive, Suite E, Salinas, CA 93908
424-1311 / Fax 424-2711
Email: contact@adobehomehealthca.com
www.adobehomehealthca.com

Central Coast Visiting Nurse Association and Hospice
5 Lower Ragsdale Drive, Monterey, CA 93940
(P.O. Box 2480, Monterey, CA 93942)
375-9882 / Fax 648-4238
45 Plaza Circle, Salinas, CA 93907
758-8302
341 Tres Piños Road, Suite 103A, Hollister, CA 95023
637-6724
200 Broadway, Suite 78, King City, CA 93930
385-1014
www.ccvna.com

Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Choice Home Health Care
80 Garden Court, Suite 105, Monterey, CA 93940
Monterey 645-1400 / Fax 645-1401
(844) 335-6497 (toll-free) / Fax 645-1401
Email: chh@elevatehomehealth.com
www.elevatechoicenh.com

Medicare certified

HOME CARE SERVICES

Coastal Kids Home Care
252 San Jose St (upstairs suite), Salinas, CA 93901
(Mailing address: 1172 S. Main Street, Suite 125, Salinas, CA 93901)
(800) 21-4KIDZ(5439) (toll-free) / Fax 796-0334
Email: margy@coastalkidshomecare.org
www.coastalkidshomecare.org

Medi-Cal certified

Crescent Health Care, Inc.
2995 McMillan Avenue, Suite 196
San Luis Obispo, CA 93401
(800) 879-4872 (toll-free) / Fax (805) 546-0964
www.optioncare.com

Medicare certified

Dominican Home Health
8030 Soquel Avenue, Suite 104, Santa Cruz, CA 95062
(Mailing address: 1555 Soquel Drive, Santa Cruz, CA 95065)
465-7988 / Fax 465-7996
www.dominicanhospital.org

Medicare certified

Good Life Home Care
22 Lower Ragsdale Drive, Suite B, Monterey, CA 93940
646-2046 / Fax 646-8246
Email: info@goodlifehomecare.com
www.goodlifehomecare.com

Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.
HOME CARE SERVICES

Healthy Living at Home
2150 Garden Road, Suite B-2
Monterey, CA, 93940
Telephone: (831) 706-2255
Fax: (831) 855-0264
Email: dshoff@healthylivingservices.org
www.healthylivingservices.org
Medicare certified

San Benito Home Health Care
911-C Sunset Drive, Hollister, CA 95023
638-1111 / Fax 636-2613
www.hazelhawkins.com
Medicare certified

Sutter Care at Home (formerly Alliance Home Health, Inc.)
19045 Portola Drive, Suite B, Salinas, CA 93908
455-8901 / Fax 455-2044
Email: alliancehomehealth@sbcglobal.net
www.alliancehome-health.com

Visiting Nurse Association of Santa Cruz County
2880 Soquel Avenue, Suite 10, Santa Cruz, CA 95062
477-2600 / Fax (855) 729-1212 (toll-free)
www.santacruzvna.org
Medicare certified

ABOUT SKILLED HOME CARE SERVICES

Home care services are certified to provide skilled services to a homebound patient. You must meet the criteria of being “homebound,” which means that you only leave your home to visit your physician and/or have no means to leave your home for therapy.

What types of skilled services may be provided?
- Registered nursing
- Physical therapy
- Occupational therapy
- Medical social work

How often will my nurse visit?
During the first visit, the home care professional will discuss plans for further visits. These are not daily visits.

How will I know when the nurse will come to my home?
The home care staff will call you prior to your visit.

If the nurse does not show up, who should I call?
- Home care service
- Your doctor

How long will benefits last?
As long as:
- Services are medically necessary (skilled)
- Services are ordered by a doctor
- You are considered homebound

Medical supplies, equipment, and a home health aide may be allowed in certain circumstances and paid for by insurance. Ask your care provider if this applies to your situation.

Home Health Compare allows consumers to compare information about Medicare-certified home health agencies:
www.medicare.gov/homehealthcompare
HOSPICE HOME CARE SERVICES

Central Coast Visiting Nurse Association Hospice
5 Lower Ragsdale Drive, Monterey, CA 93940
(P.O. Box 2480, Monterey, CA 93942)
375-9882 / Fax 648-4238
45 Plaza Circle, Salinas, CA 93907
758-8302
341 Tres Piños Road, Suite 103A, Hollister, CA 95023
637-6724
200 Broadway, Suite 78, King City, CA 93930
385-1014
www.ccvna.com
Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Community Hospital of the Monterey Peninsula Hospice of the Central Coast
2 Upper Ragsdale Drive, Professional Center, Suite D120
Monterey, CA 93940
649-7750 / (800) 364-7001 (toll-free)
Fax 649-7751 / www.chomp.org
Medicare certified
Aspire Health Plan (Medicare Advantage) accepted
Aspire Health Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Heartland Hospice Services
2511 Garden Road, Building A, Suite 50, Monterey, CA 93940
373-8442 / Fax 373-8444
(866) 455-4337 (toll-free)
www.hcr-manorcare.com
Medicare certified

PERSONAL CARE SERVICES

Abundant Personal Care Services
11 Sandpiper Court, Seaside, CA 93955
601-0980 / Monterey 626-9500 / Salinas 444-9500
Fax 393-1123
www.abundantpersonalcare.com

Ambassadors Providing Amazing Care, Inc.
3170 Vista del Camino, Suite C (P.O. Box 177), Marina, CA 93933
917-4191 or 582-2322 / Fax 582-2326
Email: ssan1013@yahoo.com
www.ambassadorshomecare.com

Care Plus
215 West Franklin Street, Suite 208, Monterey, CA 93940
656-9203 / Fax 656-9204
Pebble Beach 372-1937 / Fax 372-1837
Email: bcanipe@gmail.com
www.careplusinhomecare.com

Central Coast Senior Services, Inc.
Personal attendant care service and case management
22 Lower Ragsdale, Suite E, Monterey, CA 93940
Monterey 649-3363 / Salinas 484-7355
Fax 372-2465
Email: ccss@centralcoastseniorservices.com
www.centralcoastseniorservices.com
PERSONAL CARE SERVICES

Choice Personal Care
80 Garden Court, Suite 105, CA 93940
Monterey 645-1400 / Fax 645-1401
Email: chh@elevatehomehealth.com
www.elevatechoicehh.com

Family inHome Caregiving, Inc.
26382 Carmel Rancho Lane, 2nd floor, Carmel, CA 93923
P.O. Box 221457, Carmel, CA 93922
275-0103 / Fax 250-6373
www.familyinhomecaregiving.com

Heart to Heart Home Health Care
P.O. Box 222157, Carmel, CA 93922
656-0689 / Fax 751-3500
cdavisfnp@gmail.com
www.hearttoheartmonterey.com

Maxim Healthcare Services
Companion and Respite
700 Cass Street, Suite 126, Monterey, CA 93940
641-9695 / Fax 641-9573
www.maximhomecare.com/companion

Peggy’s Home Care
P.O. Box 223164, Carmel, CA 93922
4 Village Drive, Suite 1, Carmel Valley, CA 93924
Telephone: (831) 659-5887
Fax: (831) 659-5888
www.peggyshomecare.com

PERSONAL CARE SERVICES

Plumeria Home Health Care, LLC
P.O. Box 1430, Marina, CA 93933
Phone and Fax: (831) 664-9700
Email: plumeriahhc@yahoo.com
www.plumeriahhc.com

ResCare Home Care
220 Country Club Gate, Suite 11, Pacific Grove, CA 93940
Monterey (831) 644-0289 / San Luis Obispo (805) 781-8156
(888) 439-8800 (toll-free) / Fax (805) 781-0879
Email: rbradshaw@rescare.com

Victorian Home Care, Inc.
409 Washington Street, Suite 200, Monterey, CA 93940
Monterey 655-1935 / (877) 902-9958 (toll free)
Fax 655-1979
www.victorianhomecare.com

Visionary Health Care Services
419 Webster Street, Suite 100, Monterey, CA 93940
644-9246 / Fax 644-9974

Visiting Angels
5274 Scotts Valley Drive, Scotts Valley, CA 95066
430-0616 / Fax 430-0612
229 Reindollar Avenue, Suite E, Marina, CA 93933
392-0876
Email: jpagliaro@visitingangel.com
www.visitingangels.com/monterey
ABOUT PERSONAL CARE SERVICES

Personal care services are for individuals who need assistance with daily activities.

What types of services are provided by personal caregivers?
- Bathing
- Dressing
- Meal preparation
- Medication reminders
- Light housekeeping
- Transportation

What questions might I ask before hiring a personal caregiver?
- Is the caregiver employed by a home care company?
- Is the caregiver bonded and insured?
- Will the caregiver be selected from a referral agency?
- Will the caregiver be hired privately?
- What is included in the charge for services?
- How often will the patient be billed?
- How can the patient reach the home care agency after regular business hours in an emergency?
- How can the caregiver be instructed about daily duties or any other special tasks included in the care?
- What is the procedure if the consumer is dissatisfied with the care provided?

Personal caregiver services in the home are not covered by Medicare or most commercial insurance plans.

EQUIPMENT AGENCIES

AdvantaCare Medical
5 Mandeville Court, Suite 200, Monterey, CA 93940
1255 Reamwood Avenue, Sunnyvale, CA 94089
(800) 481-4662 (toll-free) / Fax (888) 654-0003 (toll-free)
Email: info@advantacare.net
Aspire Health Plan (Medicare Advantage) accepted
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Apria Healthcare
1 Lower Ragsdale Drive, Building 3, Suite 600, Monterey, CA 93940
(888) 492-7742 (toll-free) / Fax (888) 492-0010
www.apria.com

Hodges Rentall
(Wheelchairs and walkers only)
456 Lighthouse Avenue, Monterey, CA 93940
Phone: 373-7368
Fax: 373-1359
Email: HodgesRentall@sbcglobal.net
www.hodgesrentall.com

NuMotion — Watsonville Branch
446 Westridge Drive, Watsonville, CA 95076
724-5544 / (888) 736-8745 (toll-free)
Fax 724-3334
www.numotion.com
EQUIPMENT AGENCIES

Ordway Drug
499 Alvarado Street, Monterey, CA 93940
372-8085 / Fax 372-5768
www.ordwaydrug.com
Aspire Health Plan (Medicare Advantage) accepted
Aspire Heath Plan is an affiliate of Community Hospital of the Monterey Peninsula.

Pacific Pulmonary Services
440 Westridge Drive, Watsonville, CA 95076
722-3001 / Fax 722-3065
www.ppsc.com

Valley Patient Care
410 Victor Way, Suite 2, Salinas, CA 93907
757-6657 / Fax 757-3918
Email: customerservice@vpcare.com
www.vpcare.com

OTHER SERVICE AGENCIES

Alliance on Aging, Inc.
Senior Supportive Services
280 Dickman Avenue, Monterey, CA 93940
646-1458 / Fax 646-1232
Administration
247 Main Street, Salinas, CA 93901
655-1334 / Fax 655-8781
www.allianceonaging.org

American Red Cross
Central Coast Chapter
P.O. Box AR (8th and Dolores), Carmel, CA 93921
624-6921 / Fax 624-7014
357 Fifth Street, Hollister, CA 95023
636-2100 / Fax 636-2106
942 Lupin Drive, Salinas, CA 93906
424-4824 / Fax 424-5069
2960 Soquel Avenue, Santa Cruz, CA 95062
462-2881 / Fax 462-5996
www.redcross.org/centralcoast

Carmel Foundation
P.O. Box 1050, Carmel, CA 93921
624-1588 / Fax 620-8720
Email: info@carmelfoundation.org

Meals on Wheels and
Sally Griffin Active Living Center
700 Jewell Avenue, Pacific Grove, CA 93950
375-4454 / Fax 375-9887
www.mowmp.org
OTHER SERVICE AGENCIES

Monterey County Department of Social Services
Office for Aging and Adult Services
- Adult Protective Services (APS)
- In Home Support Service (IHSS)
- Information and Assistance Program (I & A)
1000 South Main Street, Suite 211-C, Salinas, CA 93901
Salinas 755-4466 / Fax 784-5695
Marina 883-7565 / Fax 883-7563
(800) 510-2020 (toll-free)

Monterey County Health Department
1270 Natividad Road, Salinas, CA 93906
Salinas 755-4500 / Monterey 647-7650
www.co.monterey.ca.us

Monterey County Department of Social Services
Office for Medi-Cal, Cal Fresh, and Cal Works
1281 Broadway, Seaside, CA 93955
899-8001 / (866) 323-1953 (toll-free)
Fax 899-8022

Ombudsman for Long-Term Care – Alliance on Aging
247 Main Street, Salinas, CA 93901
Monterey 646-1458 / Salinas 655-1334
Fax 655-8781
www.allianceonaging.org

For a list of licensed senior care facilities, please contact agency directly.

TRANSPORTATION

American Medical Response
P.O. Bo 1953, Marina, CA 93933
796-6444 / Fax 769-8875
www.amr.net

Carmel Regional Fire Ambulance Service
8455 Carmel Valley Road, Carmel, CA 93923
455-1828 weekdays / 624-5907 after business hours
Fax 659-2227

Central Coast Medical Transport
P.O. Box 1244, Aptos, CA 95001
Transport 685-3200 / Business 685-3201 / Fax 633-5263
www.centralcoastambulance.com
Email: info@ccamb.com

Freedom Medical Transportation
Non-Emergency Medical Transport
P.O. Box 1361, Seaside, CA 93955
920-0687 / Fax 394-2316
www.freedommedicaltransportation.com

MST Rides ADA Program
150 Del Monte Boulevard, Monterey, CA 93940
(888) 678-2871 (toll-free)
TDD (hearing impaired) 393-8111 / Fax 641-0907
Email: mobility@mst.org
www.mstmobility.org