The best babysitter is a Safe Sitter®

Safe Sitter is a medically accurate, hands-on class that teaches girls and boys ages 11–13 how to handle emergencies when caring for children.

Safe Sitters learn:
- Safety for the sitter
- How to perform CPR
- How to call for emergency help
- Babysitting business skills
- Basic childcare skills (diapering, feeding, etc.)
- How to entertain children and keep them safe

Young children can’t always communicate their needs to protect themselves. The babysitter must be able to handle whatever situation arises. Safe Sitter classes are available through Community Hospital of the Monterey Peninsula. A fee of $50 covers the two-day program.

2016 Class dates (must attend both days)

Friday and Saturday: June 17 and 18, June 24 and 25, July 8 and 9, July 22 and 23

Saturdays: March 12 and 19, October 8 and 15

To register your daughter or son, call 625-4867

Community Hospital of the Monterey Peninsula®